

# GERMANTOWN

## ★ ATHLETIC CLUB ★

### October 2012 Programs and Events

#### **Hours of Operation**

Monday – Thursday	5 a.m. until 10 p.m.
Friday	5 a.m. until 9 p.m.
Saturday	7 a.m. until 9 p.m.
Sunday	10 a.m. until 6 p.m.

#### **Special Events**

Gobble Wobble 5K and Kids ½ Mile Fun Run

Sunday, November 4, 2 to 4 p.m.

Join us for the Sixth Annual Gobble Wobble 5K and Kids 1/2 Mile Fun Run. Last year over \$17,000 was raised for the Neurologic Treatment Center at Baptist Rehabilitation – Germantown. Help make this year's event even better! Check out all the fun that will be taking place at the Gobble Wobble 5K and Kids ½ Mile Fun Run.

- Chip timed 5K
- Food catered by Coletta's Italian Restaurant
- Rock climbing wall and inflatables provided by Bounce and Fun Events
- Post race raffle with lots of awesome prizes from local businesses
- Thanksgiving turkey gift cards to the winners of each age group
- Gobble Wobble 5K long-sleeve shirt to all participants

Visit [www.gobblewobble5k.com](http://www.gobblewobble5k.com) to register. Hurry! Early bird registration deadline is October 20, 2012.

#### **Help! We need volunteers for Gobble Wobble 5k!**

Germantown Athletic Club's Sixth Annual Gobble Wobble 5K and Kids Half Mile Fun Run is fast approaching and we need your help to make it a success. If you are interested in volunteering your time for this worthwhile event please contact Amy LaRusso at [alarusso@germantown-tn.gov](mailto:alarusso@germantown-tn.gov).

Volunteers are needed from 1 to 3:30 p.m. Volunteer duties include assisting with timing, directing participants on the 5k and fun run routes and working the water station.

## **Programs**

### **Kids Night Out**

Saturday, October 6, 6 to 8:30 p.m.

October brings our Not-So-Scarey-Halloween celebration for kids ages 1-6.

Fee: \$20 per member and \$15 for each additional sibling; \$25 per non-member guest

*Registration deadline is Friday, October 5.*

### **Game Night/Pajama Party**

Saturday, October 6, 6 to 8:30 p.m.

Fee: \$20 per member and \$15 per additional sibling; \$25 per non-member guest

Boys and girls ages 7 to 11 years are invited to play a variety of games such as dodgeball, kickball, walleyball and basketball during Game Night. Girls ages 7 to 11 years can enjoy a movie while getting mini manicures and pedicures along with other fun surprises. Don't forget a sleeping bag and pillow. Dinner and a drink are provided for both events. *Registration deadline is Friday, October 5.*

### **Ballroom Blitz (Beginner)**

Thursdays at 8 p.m., October 4 - 25

Fee: \$40/member, \$60/member couple, \$55/non-member, \$75/non-member couple

Master ballroom steps in just four weeks with Germantown Athletic Club's Ballroom Blitz program. Each hour-long class will build upon skills learned in the previous class. This is a class for beginners. Partners are recommended but not necessary. A Ballroom Blitz session includes four classes. For more information contact Jerry Mills at (901) 289-8989. The registration deadline is the Monday before each session begins. Registration forms may be picked up in the Exeter lobby.

### **Ballroom Blitz (Intermediate/Advanced)**

Thursdays at 7 p.m., October 4 - 25

Fee: \$40/member, \$60/member couple, \$55/non-member, \$75/non-member couple

Master ballroom steps in just four weeks with Germantown Athletic Club's Ballroom Blitz program. Each hour-long class will build upon skills learned in the previous class. Partners are recommended but not necessary. A Ballroom Blitz session includes four classes. For more information contact Jerry Mills at (901) 289-8989. The registration deadline is the Monday before each session begins. Registration forms may be picked up in the Exeter lobby.

## **Aquatics Classes**

### **American Red Cross Youth Swim Lessons**

Mondays, Tuesdays and Wednesdays

Fee: \$80 per member, \$95 per non-members per session

Each session consists of eight 50-minute classes. The prerequisite for each level is successful demonstration of skills taught in the preceding level. *There are no refunds or make-up days.*

Session II: October 1-16

Session III: October 22- November 6

- Preschool (4-5) and level I: 5:10 - 5:50p.m.
- Level II and III: 6:00 - 6:50 p.m.

### **Private Swim Lessons**

30 Minute Sessions

Fee \$30 per member \$45 per non-member.

Call Germantown Aquatics at 751-7511 to set appointment and check availability.

### **Lil Gators Swim Team**

Tuesdays and Thursdays

5:30 to 6:15

Fee: \$80 per member, \$95 per non-members per session. Must have passed level III swimming.

Session II: October 9 – November 1

Session III: November 6 –December 6

### **Germantown Swim Team**

Germantown Swim Team is a year-round, competitive swim team which is open to all individuals interested in improving swimming techniques. Team members are accepted throughout the year. Each participant's swimming technique is evaluated by the coaching staff to determine placement. For more information, contact Scott Robinson at 757-7390 or [srobinson@germantown-tn.gov](mailto:srobinson@germantown-tn.gov).

### **Germantown Masters Swimming**

Monday, Tuesday, Thursday Friday

5:15 to 6:45 a.m.

For more information, contact Scott Robinson at 757-7390 or [srobinson@germantown-tn.gov](mailto:srobinson@germantown-tn.gov).

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